

GET THE COURSES YOU NEED	Year One	Year Two	Year Three	Year Four
	FALL & SPRING SEMESTERS	FALL & SPRING SEMESTERS	FALL & SPRING SEMESTERS	FALL & SPRING SEMESTERS
128 + 4 Short Terms	<ul style="list-style-type: none"> REL 126 Two of the following: REL 217, REL 212, REL 218, REL 219 	<ul style="list-style-type: none"> One additional 200-level REL course GPS 216 	<ul style="list-style-type: none"> One additional 300-level REL course REL 340 Two courses from other GPS department—one at the 100-level and one at the 200- or 300-level 	<ul style="list-style-type: none"> GPS 470: Senior Seminar GPS 480: Senior Thesis or Internship
BE INVOLVED AND JOIN DIVERSE COMMUNITIES	<ul style="list-style-type: none"> Attend the GPS department’s interest meeting at the beginning of the year. Attend guest lectures sponsored by the department. Go to the club fair. Participate in Senate and SGA. Take part in traditions every year and get ready for your first Tinker Day! 	<ul style="list-style-type: none"> Travel to neighboring campuses for lectures and events. Show school spirit and go to sporting events. Attend student readings and other student-led activities. 	<ul style="list-style-type: none"> Take part in Ring Night! Consider leadership positions such as Student Success Leader, Student Government Association, or Orientation Team. 	<ul style="list-style-type: none"> Take part in 100th Night! Mentor a new student. Consider leadership positions such as global ambassadors, career connectors, tutors, International Student Orientation Program, or Early Transition Program mentor.
EXPAND YOUR INTERCULTURAL AND GLOBAL HORIZONS	<ul style="list-style-type: none"> Meet with someone in International Programs to explore study abroad/away options. Consider Model UN, Model Arab League, Black Student Alliance, the Unión de Estudiantes LatinX, the Sexuality and Gender Alliance. Attend Cultural & Community Engagement and Office of Inclusivity and Diversity events. 	<ul style="list-style-type: none"> Apply to study abroad (Jamaica, Short Term, semester) or study away. Take a sustained dialogue class. Participate in the Diversity Monologue Troupe. Consider a J-Term language immersion program. 	<ul style="list-style-type: none"> Participate in a COIL project or consider an international internship. Study abroad for a semester and/or apply for summer opportunities such as Fulbright UK Summer Institute and Critical Language Scholarship. 	<ul style="list-style-type: none"> Consider applying for Fulbright, Rhodes, Marshall, Gates Cambridge, or other international scholarships.
GAIN RELEVANT EXPERIENCE AND PREPARE FOR LIFE AFTER GRADUATION	<ul style="list-style-type: none"> Attend C3. Create LinkedIn and Handshake accounts. Visit the Career Center and meet with a career counselor. Apply for a first-year J-Term internship. Take a leadership course or consider a leadership certificate. 	<ul style="list-style-type: none"> Attend Career Center workshops. Apply for a Signature or independent internship. Talk with your advisor about funding for research projects, or attending conferences. Attend the Hollins Student Conference (SPARC) every year! 	<ul style="list-style-type: none"> Meet with your advisor about career goals; talk to professors about their research to learn about opportunities. Check out Hollins partnerships with graduate schools. Attend the “Articulating Your International Experience” workshop. 	<ul style="list-style-type: none"> Explore professional organizations and student membership options. Prepare for graduate school admission and tests. Attend a job fair/apply for jobs. Attend the Alumnae Board’s pre-professional networking events.
ADD TOOLS TO YOUR LIFE BELT	<i>Develop a self-care mindset: Consider your nutrition, engage in exercise, practice mindfulness, connect with others, develop time management skills</i>	<i>Hone your self-care mindset: Consider your nutrition, engage in exercise, practice mindfulness, connect with others, embrace financial literacy</i>	<i>Expand your self-care mindset: Consider your nutrition, engage in exercise, practice mindfulness, connect with others, embrace financial literacy</i>	<i>Embrace your self-care mindset: Consider your nutrition, engage in exercise, practice mindfulness, connect with others, embrace financial literacy</i>