

GET THE COURSES YOU NEED	Year One	Year Two	Year Three	Year Four
	FALL & SPRING SEMESTERS	FALL & SPRING SEMESTERS	FALL & SPRING SEMESTERS	FALL & SPRING SEMESTERS
128 + 4 Short Terms	<ul style="list-style-type: none"> INTL 120 and 210 An affiliated INTL course at the 100- or 200-level Take a foreign language (required for the major). 	<ul style="list-style-type: none"> Take at least one more of your required courses (INTL 220, 380, or POLS 102). Take GPS 216 this spring if you are planning to study abroad in spring of your junior year. Continue with foreign language study. 	<ul style="list-style-type: none"> Ideally you will be abroad one semester this year. Work with your advisor to ensure that the courses you take will count as affiliate courses in the major. Start thinking about topics for your senior thesis. Take courses that can act as a foundation for senior research, internships, or possible graduate studies. 	<ul style="list-style-type: none"> Develop your research plan for your thesis over the summer. Take GPS 480 in the fall term. Ask your advisor about an honors thesis option. Finish all remaining required courses and affiliated coursework.
BE INVOLVED AND JOIN DIVERSE COMMUNITIES	<ul style="list-style-type: none"> Attend the GPS department's interest meeting to meet faculty and students! Attend guest lectures. Go to the club fair. Participate in Senate and SGA. Attend the Hollins Student Conference (SPARC) every year. Think about volunteering. Take part in traditions and prepare for your first Tinker Day! 	<ul style="list-style-type: none"> Consider living in one of the language immersion houses. Travel to neighboring campuses for lectures and events. Show school spirit and go to sporting events. Attend student readings and other student-led activities. 	<ul style="list-style-type: none"> Take part in Ring Night! Consider leadership positions such as Student Success Leader, Student Government Association, or Orientation Team. 	<ul style="list-style-type: none"> Take part in 100th Night! Mentor a new student. Consider leadership positions such as global ambassadors, career connectors, tutors, International Student Orientation Program, or Early Transition Program mentor.
EXPAND YOUR INTERCULTURAL AND GLOBAL HORIZONS	<ul style="list-style-type: none"> Meet with someone in International Programs to begin planning for study abroad. Consider Model UN, Model Arab League, Black Student Alliance, the Unión de Estudiantes LatinX, the Sexuality and Gender Alliance. Attend Cultural & Community Engagement and Office of Inclusivity and Diversity events. 	<ul style="list-style-type: none"> Apply to study abroad in your junior year. Take a sustained dialogue class. Participate in the Diversity Monologue Troupe. Consider a J-Term language immersion program. Decide whether to add a minor or second major. 	<ul style="list-style-type: none"> Participate in a COIL project or consider an international internship. Study abroad for a semester and/or apply for summer opportunities such as Fulbright UK Summer Institute and Critical Language Scholarship. 	<ul style="list-style-type: none"> Consider applying for Fulbright, Rhodes, Marshall, Gates Cambridge, or other international scholarships.
GAIN RELEVANT EXPERIENCE AND PREPARE FOR LIFE AFTER GRADUATION	<ul style="list-style-type: none"> Attend C3. Create LinkedIn and Handshake accounts. Visit the Career Center and meet with a career counselor. Apply for a first-year internship for J-Term. Take a leadership course or consider a leadership certificate. 	<ul style="list-style-type: none"> Attend Career Center workshops. Apply for an internship Signature or independent, J-Term, or summer). Talk with your advisor about funding for research projects or attending conferences. 	<ul style="list-style-type: none"> Meet with your advisor about career goals; talk to professors about their research to learn about opportunities. Check out Hollins partnerships with graduate schools here. Attend the "Articulating Your International Experience" workshop. 	<ul style="list-style-type: none"> Explore professional organizations and student membership options. Prepare for graduate school admission and tests. Attend a job fair/apply for jobs. Attend the Alumnae Board's pre-professional networking events.
ADD TOOLS TO YOUR LIFE BELT	<i>Develop a self-care mindset: Consider your nutrition, engage in exercise, practice mindfulness, connect with others, develop time management skills</i>	<i>Hone your self-care mindset: Consider your nutrition, engage in exercise, practice mindfulness, connect with others, embrace financial literacy</i>	<i>Expand your self-care mindset: Consider your nutrition, engage in exercise, practice mindfulness, connect with others, embrace financial literacy</i>	<i>Embrace your self-care mindset: Consider your nutrition, engage in exercise, practice mindfulness, connect with others, embrace financial literacy</i>