

GET THE COURSES YOU NEED	Year One		Year Two		Year Three		Year Four	
	FALL	SPRING	FALL	SPRING	FALL	SPRING	FALL	SPRING
<p><i>Other courses are listed below – you CAN double major</i></p> <p>128 credits + 4 Short Terms</p>	<ul style="list-style-type: none"> FYS &/or GWS 141: Intro to GWS Any GWS classes that are interesting 	<ul style="list-style-type: none"> GWS 141: Intro to GWS Any GWS electives that are interesting 	<ul style="list-style-type: none"> GWS Theory course 1-2 GWS electives 	<ul style="list-style-type: none"> GWS Theory course 1-2 GWS electives 	<ul style="list-style-type: none"> GWS Theory course 1-2 GWS electives Internship (J-Term or semester) 	<ul style="list-style-type: none"> 1-2 GWS electives 	<ul style="list-style-type: none"> 1-2 GWS electives Internship (J-Term or semester) 	<ul style="list-style-type: none"> GWS 470
BE INVOLVED AND JOIN DIVERSE COMMUNITIES	<ul style="list-style-type: none"> Attend GWS major meeting at the beginning of the year. Attend campus lectures and events. Go to the club fair and join a club. Participate in Senate and SGA. Attend the Hollins Student Conference (SPARC) every year! 		<ul style="list-style-type: none"> Travel to neighboring campuses for lectures and events. Show school spirit and go to sporting events. Attend a student reading and other student-led activities. Feminist Camp in NYC (J-Term/summer). 		<ul style="list-style-type: none"> Take part in traditions, like Tinker Day and Ring Night. Consider leadership positions such as Student Success Leader, Student Government Association, or Orientation Team. 		<ul style="list-style-type: none"> Take part in 100th Night. Mentor a new student. Consider leadership positions such as global ambassadors, career connectors, tutors, International Student Orientation Program, or Early Transition Program mentor. Take a leadership role in a student organization. 	
EXPAND YOUR INTERCULTURAL AND GLOBAL HORIZONS	<ul style="list-style-type: none"> Consider Model UN, Model Arab League, Black Student Alliance, the Unión de Estudiantes LatinX, the Sexuality and Gender Alliance, Asian Student Alliance. Attend Cultural & Community Engagement, Office of Inclusivity and Diversity, and International Program events. 		<ul style="list-style-type: none"> Apply to study abroad (Jamaica, Short Term, semester) or study away. Participate in the Diversity Monologue Troupe. Participate in a J-Term language immersion program. Volunteer on/off campus. Attend the Young Women's Leadership Conference in DC. 		<ul style="list-style-type: none"> Participate in a COIL project. Consider an international internship. Study abroad for a semester. Apply for summer opportunities such as Fulbright UK Summer Institute and Critical Language Scholarship. Attend local political events. 		<ul style="list-style-type: none"> Apply for Fulbright, Rhodes, Marshall, Gates Cambridge, or other international scholarships. 	
GAIN RELEVANT EXPERIENCE AND PREPARE FOR LIFE AFTER GRADUATION	<ul style="list-style-type: none"> Attend C3. Create LinkedIn and Handshake accounts. Visit the Career Center and meet with a career counselor. Take a leadership course or consider a leadership certificate. Get and read <i>Transforming Scholarship</i> by Radeloff & Berger. 		<ul style="list-style-type: none"> Attend Career Center workshops. Apply for a Signature or independent internship. Talk with your advisor about funding for research or creative projects, or attending conferences. Build your experiential transcript. 		<ul style="list-style-type: none"> Meet with your advisor about career goals. Attend the "Articulating Your International Experience" workshop. Submit a presentation to a conference: SEWSA, NWSA, etc. Apply for a summer research fellowship. 		<ul style="list-style-type: none"> Explore professional organizations and student membership options. Prepare for graduate school admission and tests (LSAT, GRE, GMAT, MCAT). Attend the Alumnae Board's pre-professional networking events. Attend campus/community job fairs. Seek a research assistant position. Reread <i>Transforming Scholarship</i>. 	
CULTIVATE HOLISTIC WELLBEING	<i>Develop a self-care mindset: consider your nutrition, engage in exercise, practice mindfulness, set intentions</i>		<i>Hone your self-care mindset: consider your nutrition, engage in exercise, practice mindfulness, connect with others</i>		<i>Expand your self-care mindset: nutrition, engage in exercise, practice mindfulness, connect with others, embrace financial literacy</i>		<i>Embrace your self-care mindset: nutrition, engage in exercise, practice mindfulness, connect with others, live your purpose</i>	