

GET THE COURSES YOU NEED	Year One		Year Two		Year Three		Year Four	
	FALL	SPRING	FALL	SPRING	FALL	SPRING	FALL	SPRING
128 credits + 4 Short Terms	 DANC 225 or DANC 325 DANC 239: Dance history I 	 DANC 225 or DANC 325 DANC 280: Dance Composition Dance electives 	 DANC 325 DANC 385: New Work Dance electives 	 DANC 340: Imaginative I DANC 325 	 DANC 325 DANC 237: Dance History II Dance electives 	 Study Abroad OR DANC 325 and DANC 380: Dance Composition II 	 DANC 480: Senior Seminar DANC 241 DANC 325 Dance electives 	 DANC 480 DANC 240 DANC 325
BE INVOLVED AND JOIN DIVERSE COMMUNITIES	 Attend the dance department meeting at the beginning of the year. Attend guest lectures sponsored by the department. Attend the Hollins Student Conference (SPARC). Take part in traditions and get ready for your first Tinker Day! Join Hollins Repertory Dance Company. 		 Travel to neighboring campuses for lectures and events. Attend student readings and other student-led activities. Attend Hollins Repertory Dance Company (HRDC) events. Attend local touring professional dance performances and lectures. 		 Take part in Ring Night! Consider leadership positions such as Student Success Leader, Student Government Association, or Orientation Team. Attend local touring professional dance performances and lectures. 		 Take part in 100th Night! Consider leadership positions such as global ambassadors, career connectors, tutors, International Student Orientation Program or Early Transition Program mentor. Attend local touring professional dance performances and lectures. 	
EXPAND YOUR INTERCULTURAL AND GLOBAL HORIZONS	 Meet with someone in International Programs to explore study abroad/away options. Consider Model UN, Model Arab League, Black Student Alliance, the Unión de Estudiantes LatinX, and the Sexuality and Gender Alliance. 		 Apply to study abroad (Jamaica, Short Term, semester) or study away. Take a Sustained Dialogue class. Participate in the Diversity Monologue Troupe. Consider J-Term dance intensives. Apply to dance-related apprenticeships/internships. 		 Study abroad for a semester and/or apply for summer opportunities such as Fulbright UK Summer Institute and Critical Language Scholarship. Apply to dance-related apprenticeships/internships/study abroad programs. 		 Project-based dance auditions. Apply for dance administration/ teaching opportunities. Apply for MFA graduate programs. Dance/choreography residencies. 	
GAIN RELEVANT EXPERIENCE AND PREPARE FOR LIFE AFTER GRADUATION	 Visit the Career Center and meet with a career counselor. Apply for a first-year J-Term internship. Be a part of a creative process. Take additional courses in studio art, art history, gender and women's studies, film, psychology, and social justice. Dance department attends ACDA (dependent on yearly rotation). Attend <i>hollinsdance</i> MFA summer lectures and performances. 		 Talk with your advisor about funding for research projects, or attending conferences. Be a part of a creative process; collaborate with other artists. Create and make your own work and participate in the dance department's open showings. Take additional courses in studio art, art history, gender and women's studies, film, psychology, and social justice. Attend <i>hollinsdance</i> MFA summer lectures and performances. 		 Check out Hollins partnerships with graduate schools. Create and make your own creative work and participate in the dance department's open showings. Take additional courses in studio art, art history, gender and women's studies, film, psychology, and social justice. Dance department attends ACDA (dependent on yearly rotation). Attend <i>hollinsdance</i> MFA summer lectures and performances. 		 Explore professional organizations and student membership options. Attend a job fair/apply for jobs. Attend the Alumnae Board's preprofessional networking events. Develop a professional website. Create your dance CV, bio, artist statement, and teaching statement. Create a performance/choreography reel for auditions/interviews/job opportunities. 	
ADD TOOLS TO YOUR LIFE BELT	Develop a self-care mindset: Consider your nutrition, engage in exercise, practice mindfulness, connect with others, develop time management skills		Hone your self-care mindset: Consider your nutrition, engage in exercise, practice mindfulness, connect with others, embrace financial literacy		Expand your self-care mindset: Consider your nutrition, engage in exercise, practice mindfulness, connect with others, embrace financial literacy		Embrace your self-care mindset: Consider your nutrition, engage in exercise, practice mindfulness, connect with others, embrace financial literacy	