

QEP | SUPPORTING
ACADEMIC
SUCCESS

HOLLINS
UNIVERSITY

THE HOLLINS
QUALITY ENHANCEMENT PLAN
SUPPORTING ACADEMIC SUCCESS:
AN INTEGRATED APPROACH



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A QUALITY ENHANCEMENT PLAN (QEP)
IS A WELL-DEFINED COURSE OF ACTION
TO ENHANCE STUDENT LEARNING OR
THE ENVIRONMENT THAT SUPPORTS
STUDENT LEARNING.



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THE HOLLINS QEP EMPHASIZES THE
CONNECTION BETWEEN STUDENT
WELLBEING AND ACADEMIC SUCCESS.

THE QEP FOCUS IS ON COMPONENTS
OF STUDENT WELLBEING ESSENTIAL FOR
ACADEMIC SUCCESS AT HOLLINS.



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THREE AREAS OF QEP FOCUS

AREA 1: Students learn time management and goal setting skills.

AREA 2: Students develop practices and strategies that allow them to overcome obstacles and thrive academically.

AREA 3: Students learn practices of self-care including necessary rest, nutrition and physical activity.



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AREA 1: Effectively managing one's time and setting goals. WHAT?

- Students will be able to identify three effective strategies for time management.
- Students will demonstrate the ability to set attainable academic goals.



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AREA 1: Effectively managing one's time and setting goals. HOW?

- Student Success Leaders (SSLs) lead sessions on time management and goal setting during the first-year seminar experience (Fall 2016).
- SSLs (2) serve as Academic Success Tutors in the Center for Learning Excellence during spring semester (Spring 2018).



AREA 2: Learning strategies to overcome obstacles and thrive academically. WHAT?

- Students will be able to articulate qualities and habits that contribute to overall success in their major field of study.
- Students using the Center for Learning Excellence peer tutoring services will indicate enhanced understanding of material.



AREA 2: Learning strategies to overcome obstacles and thrive academically. HOW?

- Each department will hold a meeting for majors at the start of each academic year and may designate an upper class major as peer mentor (Fall 2017).
- The Center for Learning Excellence will expand to include peer subject tutors in disciplines other than writing and quantitative reasoning (Fall 2018).



AREA 3: Practicing self-care including necessary rest, nutrition and physical activity. WHAT?

Students will be able to:

- identify three effects of nutrition on well being and academic performance.
- identify three strategies for improving the quality of their sleep.
- explain the importance of physical activity in their daily life, including academic life.



AREA 3: Practicing self-care including necessary rest, nutrition and physical activity. HOW?

- Physical Education (PE) activity courses have been restructured to include modules on rest, nutrition and physical activity (Spring 2017).
- Students must complete a PE activity course before the end of their third semester (Fall 2017).



ASSESSMENT OF QEP

INSTITUTIONAL LEVEL: Are we improving student wellbeing in support of academic success?

(NATIONAL SURVEY OF STUDENT ENGAGEMENT AND STUDENT SATISFACTION SURVEY)

PROGRAM LEVEL: Are students achieving the learning outcomes in each area?

