THE HOLLINS QUALITY ENHANCEMENT PLAN

SUPPORTING ACADEMIC SUCCESS: AN INTEGRATED APPROACH
A QUALITY ENHANCEMENT PLAN (QEP) IS A WELL-DEFINED COURSE OF ACTION TO ENHANCE STUDENT LEARNING OR THE ENVIRONMENT THAT SUPPORTS STUDENT LEARNING.
THE HOLLINS QEP EMPHASIZES THE CONNECTION BETWEEN STUDENT WELLBEING AND ACADEMIC SUCCESS.

THE QEP FOCUS IS ON COMPONENTS OF STUDENT WELLBEING ESSENTIAL FOR ACADEMIC SUCCESS AT HOLLINS.
THREE AREAS OF QEP FOCUS

AREA 1: Students learn time management and goal setting skills.

AREA 2: Students develop practices and strategies that allow them to overcome obstacles and thrive academically.

AREA 3: Students learn practices of self-care including necessary rest, nutrition and physical activity.
Area 1: Effectively managing one’s time and setting goals. What?

• Students will be able to identify three effective strategies for time management.
• Students will demonstrate the ability to set attainable academic goals.
AREA 1: Effectively managing one’s time and setting goals. HOW?

• Student Success Leaders (SSLs) lead sessions on time management and goal setting during the first-year seminar experience (Fall 2016).

• SSLs (2) serve as Academic Success Tutors in the Center for Learning Excellence during spring semester (Spring 2018).
AREA 2: Learning strategies to overcome obstacles and thrive academically. WHAT?

• Students will be able to articulate qualities and habits that contribute to overall success in their major field of study.

• Students using the Center for Learning Excellence peer tutoring services will indicate enhanced understanding of material.
AREA 2: Learning strategies to overcome obstacles and thrive academically. HOW?

- Each department will hold a meeting for majors at the start of each academic year and may designate an upper class major as peer mentor (Fall 2017).
- The Center for Learning Excellence will expand to include peer subject tutors in disciplines other than writing and quantitative reasoning (Fall 2018).
AREA 3: Practicing self-care including necessary rest, nutrition and physical activity. WHAT?

Students will be able to:

• identify three effects of nutrition on well being and academic performance.

• identify three strategies for improving the quality of their sleep.

• explain the importance of physical activity in their daily life, including academic life.
AREA 3: Practicing self-care including necessary rest, nutrition and physical activity. HOW?

• Physical Education (PE) activity courses have been restructured to include modules on rest, nutrition and physical activity (Spring 2017).

• Students must complete a PE activity course before the end of their third semester (Fall 2017).
ASSESSMENT OF QEP

INSTITUTIONAL LEVEL: Are we improving student wellbeing in support of academic success?
(NATIONAL SURVEY OF STUDENT ENGAGEMENT AND STUDENT SATISFACTION SURVEY)

PROGRAM LEVEL: Are students achieving the learning outcomes in each area?