



## Shared Responsibility for Sport Safety

Participation in sports requires an acceptance of risk for injury. Your decision to participate in athletics indicates your acceptance of this risk. In order to minimize this risk as a participant, you must be aware of and abide by certain procedures, safety rules, and guidelines. Any improper use or abuse of your equipment could result in injury to you, a teammate, or an opponent. Improper or illegal use of your equipment or technique may result in serious head and neck injuries, paralysis, internal injury, and death. Other injuries in athletics include, but not limited to strains, sprains, fractures, and contusions. Athletes rightfully assume the responsibilities for conduct in sports will not intentionally inflict injury upon them, but acknowledge that unintentional injuries, including serious head and neck injuries, paralysis, internal injury, death, sprains, strains, fractures, and contusions, can happen while participating in or training for athletic events. Periodic analyses of injury patterns lead to refinement in the rules and safety decisions, but safety cannot be legislated solely through rules and equipment standards. The responsibility for sport safety must be shared by all involved, and compliance with rules means respect on everyone's part for the intent, spirit, and purpose of the rules or guidelines.

I have read and understand the statements above.

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Athlete's Name(printed)	Athlete's Signature	Date
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**Parent/Guardian(printed)	Parent/Guardian Signature	Date
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\*\*Only to be completed if athlete is under 18 years of age